

Physician Extender Services (PES) Pilot Overview

Executive Summary

Physician Extender Services (PES) extends the reach of the care team between visits through structured, physician-led touchpoints. The model is designed to detect clinical drift early, reinforce adherence, and deliver actionable insights back to providers before deterioration occurs. This pilot evaluates the impact of structured between-visit engagement on patient stability and avoidable utilization.

Where This Fits

- 1 High-risk chronic disease populations (HTN, diabetes, CHF)
- 2 Recently discharged patients
- 3 Patients with medication complexity
- 4 Populations with gaps in follow-up
- 5 Rural or access-constrained populations

Pilot Design

Duration: 60–90 days

Population: 25–50 patients (defined with partner)

Engagement Model:

- 1 Physician-guided check-ins every two weeks
- 2 Structured clinical and behavioral assessment
- 3 Adherence and symptom tracking
- 4 Mental health signal check

Outputs:

- 1 Provider-ready summaries
- 2 Escalation alerts when indicated
- 3 Suggested next steps
- 4 Trend visibility across touchpoints

Measured Outcomes

- 1 Improved medication adherence
- 2 Earlier identification of clinical deterioration
- 3 Reduced avoidable ED visits or urgent utilization
- 4 Improved patient engagement and stability
- 5 Provider feedback on usefulness of summaries

Deliverables

- 1 Structured patient summaries
- 2 End-of-pilot summary report
- 3 Observed trends and insights
- 4 Recommendations for scale or refinement

Implementation Approach

Designed to integrate into existing workflows with minimal disruption. No new infrastructure required. We operate as an extension of the care team and return structured insight, not raw data.

Next Step

We will work with your team to define the target population and pilot parameters. Schedule a pilot discussion.